



**Schulenburg ISD School Health Advisory Council (SHAC) Annual  
Progress Report to the Board of Trustees  
2021-2022  
May 15, 2023**

**SHAC MISSION:** Promote Healthy Youth and Healthy Schools

**SHAC Information: Voting Members**

Destiny Psencik - Community  
Stacey Otto – Parent  
Craig Schulz – Parent/School Board  
Amy Thibodeaux – Staff/Parent  
Angela Thompson – Staff/Parent  
Judy Thompson – Parent  
Latasha Vahalik – Parent  
Renate Mache – Parent  
Shannon McBride – Parent

Donna Cozzaglio – Parent  
Amy Faith – Parent  
Lisa Goodlander – Parent  
Kerrie Hill – Community  
Sharon Johnson – Staff  
Amber Kohleffel – Parent  
Jacqueline Kohleffel – Parent  
Megan Zapalac - Staff

**Permanent Resource Members:**

Denise Moore, RN – District  
Connie Koopmann – Nutrition  
Dr. Julie Motomura – District  
Kristi McBride – Elementary  
Heather Pavlu – Counselor  
Callene Zapalac – High School  
Phyllis Valchar – District/Coord.  
Kim Wright – Fitness  
Mr. Hartsell – Junior High

**SHAC Officers:**

Brooke Chudej – Co-Chair  
Tonia Hollas – Co-Chair Thom  
Melanie Ramirez – Secretary  
Heather Ring – Media

**SHAC Meeting Dates:**

September 21, 2022  
November 16, 2022  
February 15, 2023

April 19, 2023

**SISD SHAC Information:**

Schulenburg ISD Website

<http://www.schulenburgisd.net/departments/school/health/wellness/shac>

**SHAC Activity Report:**

- Wellness Plan and Bylaws Reviewed and no changes recommended.
- The number of students eating in the cafeteria this year had a daily average of 541 for breakfast and 903 for lunch.
- Sponsored Flu Clinic provided by The Apothecary and Hometown Pharmacy on 9/27/22.
- The School District did not perform any COVID 10 texting this past year. The District did not provide COVID-19 Vaccine Clinic this past year.
- The District had total of 27 COVID-19 cases reported and a total of 62 Flu cases reported for the 2022-2023 School year.
- Aim for Success Programs:

The Secondary School presented the Aim for Success program, Focus on Success, to our students on Friday, April 14, 2023. Covering *“the risks and rewards of technology”*.

Due to new Texas State Law, HB1525, districts are REQUIRED to obtain written consent for students to attend the any programs covering sexual awareness. This changed from the earlier “opt out” permission form that required the parent to send the form back only if they did not want the student to attend.

All parents were invited to a ZOOM presentation by the speaker, which previewed the program so that parents had an option to discuss and view the presentation.

- Clothes By Faith has provided clothing for each campus for the school year. They provided all the shelving, bins, and will restock as needed throughout the school year. If there is a student that is in need of clothes, they will give them a 5 day supply of clothing free.