

Schulenburg ISD School Health Advisory Council (SHAC) Annual Progress Report to the Board of Trustees 2021-2022 May 23, 2022

SHAC MISSION: Promote Healthy Youth and Healthy Schools

SHAC Information: Voting Members

Ava Avila - Student
Donna Cozzaglio – Parent
Amy Faith – Parent
Lisa Goodlander – Parent
Kerrie Hill – Community
Sharon Johnson – Staff
Amber Kohleffel – Parent
Jacqueline Kohleffel – Parent
Renate Mache – Parent

Destiny Psencik - Community
Stacey Otto - Parent
Craig Schulz - Parent/School Board
Amy Thibodeaux - Staff/Parent
Angela Thompson - Staff/Parent
Judy Thompson - Parent
Latasha Vahalik - Parent
Selah Waltz - Student
Megan Zapalac - Staff

Permanent Resource Members:

Shannon McBride – Parent

Cindy Kalina, RN – District
Connie Koopmann – Nutrition
Duane Limbaugh – District
Kristi McBride – Elementary
Heather Pavlu – Counselor
Roque Thompson – High School
Phyllis Valchar – District/Coord.
Kim Wright – Fitness
Callene Zapalac – Junior High

SHAC Officers:

Brooke Chudej – Co-Chair Tonia Hollas – Co-Chair Thom Melanie Ramirez – Secretary Heather Ring – Media

SHAC Meeting Dates:

September 29, 2021 November 10, 2021 – cancelled

SISD SHAC Information:

Schulenburg ISD Website http://www.schulenburgisd.net/departments/school/health/wellness/shac

SHAC Activity Report:

- Wellness Plan and Bylaws Reviewed and no changes recommended.
- The number of students eating in the cafeteria this year had a daily average of 541 for breakfast and 903 for lunch.
- Sponsored Flu Clinic provided by The Apothecary and Hometown Pharmacy on 9/28/2021. Vax A Nation Mobile Health Clinic provided Flu Clinic on 10/12/2021.
- COVID testing was offered and performed by Superintendent, Mr. Duane Limbaugh
- Total three COVID-19 Vaccine clinics were offered and TXDHS sponsored, of which the last was for Pediatrics, 6yrs and older.
- Aim for Success Programs:

The Elementary School presented the Aim for Success program, The Big Adventure, to our students on Thursday, Feb. 10, 2022. Covering "the importance of mental health and tools to help them navigate life's challenges".

The Secondary School presented the Aim for Success program, Focus on Success, to our students on Thursday, Feb. 24, 2022. Covering "the risks and rewards of technology".

Due to new Texas State Law, HB1525, districts are REQUIRED to obtain written consent for students to attend the any programs covering sexual awareness. This changed from the earlier "opt out" permission form that required the parent to send the form back only if they did not want the student to attend.

All parents were invited to a ZOOM presentation by the speaker, which previewed the program so that parents had an option to discuss and view the presentation.